



**DIETARY MANAGERS
ASSOCIATION**

Indiana DMA "The HOOSIER"



Volume 31 Issue 2

FALL 2011

EXECUTIVE BOARD

STATE OFFICERS

MISSION STATEMENT

Dietary Managers Association is an organization of professionals dedicated to providing optimum nutritional care through Food Service Management

Past – President:

Rose Williams, CDM

H: 812-547-5047

Email: Stallion@psci.net

President:

Sue Bowman, CDM

W: 812-482-1722

Email: sbowman7@good-sam.com

President-Elect:

Jeri Heskett, CDM

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W: 317-830-4112

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Secretary

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Newsletter Editor

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Email: mrowlands@pmhnet.com

State Spokesperson

Marcie Kendall, CDM

W: 765-674-5080

Email: mkendall5@indy.rr.com

Indiana DMA President's Message for Fall 2011

Whew!!! Can you believe how fast the first half of this year has gone? I know everyone has been so busy and I hope and pray that if any of our members have had flooding problems that all is better now. This has been a trying year for many of us but we will survive and grow from our experiences.

What a fantastic turn out we had for the Regional Meeting in Indianapolis! There were members from several states there and the speakers were great. I know that National put a lot of hard work into this meeting and I congratulate them for a job well done!

We are diligently working on the fall meeting and info is provided in this newsletter. There will be choices of two speakers for each session and we also have vendor sponsorship with a vendor show for our members. Indiana is and will continue to try new and better things. I hope having a choice of topics will encourage more attendance. The over-all theme is Health and Wellness. So come and join us and have a great time.

My year will soon be ending as your President. I have tried to accomplish a few things but wish I could have accomplished more. I have gained so much professionally and personally in the last 2 years as President-Elect and President. I was blessed with attending Leadership Institute, two Annual Meetings and the Regional Meeting and meeting so many people in these two years. I hope I have impacted even one person to become more involved in DMA. There are so many new and better things coming to DMA that I want to stay very involved and I hope you do to. DMA has touched so many lives; will you let it impact yours?

Sue Bowman CDM, CFPP

Indiana State President 2010-2011

	INSIDE THIS ISSUE		
	PAGE 1 PRESIDENTS MESSAGE		
	PAGE 2 DISTRICT NEWS		
	PAGE 3 NOMINATION FORM		
	PAGE 4 FALL MEETING AGENDA		
	PAGE 5 SPRING MINUTES 2009		
	PAGE 6 TREASURE REPORT & HELP WANTED		
	PAGE 7 I WILL SERVE & ADMINISTRATOR OF THE YEAR		
	PG 8 PAID ADVERTISING		
	PG 9 NEW MEMBERS & ADVERTISING		
	PG 10 CODE OF ETHIC & FYI		
	PG 11 DISTINGUISH MEMBER OF THE YEAR		
	BACK PAGE		



DISTRICT INFORMATION... **DISTRICT 1**

President Bob Milligan, CDM,CFPP H 219-662-2513, W 219-661-3307- milligan1963@aol.com

... **DISTRICT 2**

President Dean Vanhorn CDM, CFPP, H-260-565-3643, W:260-484-3120 ;

The Fall Meeting will held Oct 27, 2011 at Heritage Pointe Warren, Indiana. All districts are welcome to attend!
Thanks to Holly Harter of Christian Care Retirement Comm. Of Bluffton, Indiana for holding our Spring Meeting.
Questions Email Janet.Shearer@Parkveiw.com

... **DISTRICT 3**

President Maggie Rowlands CDM CFPP W;574-946-2151 email: mrowlands@pmhnet.com

District 3 Fall Meeting will be hosted by Maggie Rowlands At Pulaski Memorial Hospital on October 26, 2011
Agenda to follow.

... **DISTRICT 4**

President Tom Thaman CDM CFPP, H:317-259-8264, W: 1-800-901-8135

... **DISTRICT 6**

President Mary Castell, CDM, CFPP H: 812-626-0949 or W: 812-279-2643

... **DISTRICT 7**

...

President Beth Bennett CDM, CFPP H: 812-847-2142 W: 812-847-2281

• **WEBMASTER:**

Russell Kinney CDM e-mail: rkinney@goddsamhome.org H:812-483-7532 W: 812-476-4912

The Hoosier, published semi-annual :

Margaret Rowlands CDM,CFPP

616 E 13 th St , Winamac, IN 46996

W:574-946-2151 h:574-278-7412

mrowlands@pmhnet..com or maggie1@pwrte.com

DISTRIBUTION;

INDIANA DMA MEMBERS (584), ONLINE

MAILINGS UPON REQUEST ONLY, (25)

NATIONAL DMA OFFICE (1)

ADVERTISING VENDORS (2)

www.dmaonline.org/IN/index.html

APPLICATION FOR "VENDOR OF THE YEAR" AWARD

Please use the official form @ <http://www.dmaonline.org/IN/Forms/Vendor.doc>

or request a copy from the DMA Policy & Procedure Book from your District President.

Please complete the application. Complete and legible application should be mailed to the State President-Elect by March 1 st to be reviewed by the Board Of Directors at the Spring State Board Meeting.

Criteria used to select candidates:

- ... Candidates who demonstrate an interest in and support of the association.
- ... Candidates who encourage and /or support the member continuing education
- ... Candidates who purchase advertising in the State Newsletter or Website.

Candidates who support and recognize the members as professional in the food service industry

Upon receipt of the application the State Board of Directors shall select and notify the Vendor of the Year and the DMA District whom nominated the vendor.

Include : Name of Vendor and Contact Person; Nominating facility and person along with district #, address ,city-state and zip code, phone number and or e-mail., (Include info below)

1. How does the vendor support IDMA meeting and managers?
2. How does the vendor demonstrate awareness of IDMA education programs?
3. Does the vendor support IDMA State Newsletter or Website?
4. How does the vendor support you in your endeavors to be active in the association?



Since National held the Regional

Meeting in Indianapolis this Spring

It took the place of our Indiana Spring Meeting

There was no Business Meeting held during this event for Indiana members.

Those attending the meeting had a great time!

Attendance was good with several states attending.

Notice to all

Members:

Please keep your address, phone number and your email address current with the National DMA Office. Please notify DMA immediately!

@ 1-800-323-1908 or

<http://www.dmaonline.org>

INDIANA DIETARY MANAGER'S STATE FALL MEETING AGENDA

SEPTEMBER 15 & 16 2011
MILL CREEK CIVIC CENTER
17 VETERAN BLVD
CHESTERFIELD, IN 46017

September 15, 2011 First day**8 am—9 am Registration Coffee, Tea And Juice****9 am—10 am Break out Session****Room 1 - Mary Schaffer Rd Wabash County Hospital : New Dietary Guidelines****Room 2 - Jim Tank—Commercial Foods– Thickened Liquids Residents will actually drink juices and healthy snacks****10 am - 10:15 Break****10:15 am—11:15 am****Room 1 - Will Fox PT - Pulaski Memorial Hospital - Exercise Principals for the Adult Population****Room 2 - Teri Kopp - Hubert Company- Green is Good****11:15 am - 1:15 pm Vendor Show (lunch with them or own your own)****1:30—2:30 pm****Room 1 - Will Fox PT - Pulaski Memorial Hospital– Exercise principals for the Pediatric Population****Room 2 - Amy Luhn - Lyons Magnus - Celiac Disease & the Gluten Free Diet****2:30 pm - 2:45 Break****2:45 - 3:45 pm****Room 1 - Eleen Hahn Simply Thick Co. - Dysphasia or Thickened Liquids****Room 2 - Lynn Revis US Foods– Educational sessions for the Residents****3:45 - 4:45 pm****Room 1 Pro Step– Antimicrobial Nana Coating for floors****Room 2 Alan Wihoite - America's Pork—The other White Meat****End of first sessions- Supper on your own. (Executive Board Meeting will be at IHOP at 6pm @ 1935 E 53 rd ST Anderson , In 46013 Member may audit)****(Please pre-register even if you plan on paying at the door), Return form by: August 10,2011****Send Meeting Registration Form & Check, payable to: Indiana Dietary Managers Association to:**

Mail to: Judy Steinmetz ,CDM Treasurer

2011 IDMA Fall Meeting Registration

1358 E Oak Dr S Winamac, IN 46996

Name: _____

Address _____ Phone _____

City _____ Zip _____

District # _____ DMA# _____

Check Appropriate Box--- PLEASE PRE-REGISTER

___ 90.00 members 2 days ___ 70.00 First Time students

___ 45.00 Retired, Students, ___ 45.00 Members 1 day

___ **110.00 Paying at the Door and not pre-Registering**___ **80.00 Early Bird post marked before 8-10-2011**

___ Check & Registrass Incl,

___ Registration Incl, pay @ door

INDIANA DIETARY MANAGER'S STATE FALL MEETING AGENDA

DAY 2

SEPTEMBER 16, 2011

7:30 - 8 AM Registration and Continental Breakfast

8:am - 9 am

Room 1 - Jeff Eller CDM, CFPP— Bariatric Surgery

Room 2 - Patty Kovacs MS RD CD - NCA Therapy LLC—Food Allergies

9 am - 9:15 Break

9:15 am - 10:15

Room 1 - Patty Kovacs MS RD CD - NCA Therapy LLC—Autism in Children

Room 2 - Nancy Giek RD - Gordon Foodservice— How the industry is responding to the Dietary Guidelines

10:15—11:30 am

Room 1 - Tom Thaman CDM CFPP—Wishard Health Services - Healthy Initiatives

Room 2 - Jenny Biggs BS RN MSN FNP-C & Sandra Thomas RN BSN MSN - Everything you wanted to know about Bariatric Surgery "but were afraid to ask"

11:30 - 1:00 pm Lunch and Business Meeting

1:15 -2:15

Room 1- Lee Sefflers, MPA Rittenhouse Senior Living - An Administrator's Perspective on Dining Services

Room 2 - Bill Quade, Wal-Mart Manager - Time Management

Don't forget to sign up for your clock hours. Approved for a total of 11 CEU's for both days.

End of Day 2 Session—Have a Safe Trip Home

Hotel Accommodation:

We have 25 rooms blocked off for us @ \$ 62.99 per night, price is good until August 15th, 2011 if we don't fill 25 rooms we pay \$ 69.99 per night. Let's fill these rooms.

Best Western Plus - Room rate

2114 E 59 th Street

Anderson, In 46013

Phone 765-649-2500

There are other motels around the Anderson Area but the Best Western is offering the best rate.

Comfort Inn— 765-649-3000

Fairfield Inn—765-644-4422

Holiday Inn Express— 1-765-779-0111

Check Map Quest for Directions:

Indiana Dietary Managers Association Treasurer's Report

April 4, 2011

Balance as of September 30, 2011		8269.47
Expenses/Debits		
Cambria Suites (Fall Mt.)	Check# 5111	1208.15
Cambria Suites (Fall Mt.)	Check# 5112	716.65
Jacque Maxson (Binders)	Check# 5113	29.96
Sue Bowman (National Mt.)	Check# 5114	210.43
Indiana Dist 1 (Rewrite Ch.)	Check# 5115	44.50
Dianna Gardner (Speakers gifts)	Check# 5116	290.22
Rose Williams (Room at Fall Mt.)	Check# 5117	241.50
Cambria Suites (Fall Mt.)	Check #5118	399.90
District 1 (Rebate)	Check# 5119	34.00
District 2 (Rebate)	Check# 5120	142.00
District 3 (Rebate)	Check# 5121	79.00
District 4 (Rebate)	Check# 5122	147.00
District 6 (Rebate)	Check# 5123	90.00
District 7 (Rebate)	Check # 5124	43.00
Mill Creek Civic Center (Fall Mt.)	Check# 5125	150.00
Returned Check and bank charge		120.00
	Total	3946.31
Income/Credits		
10/15/10	Fall Meeting Registration	3095.00
10/15/10	Travel Fund	240.00
10/15/10	Plus back for Check#5088	44.50
02/08/11	Rebate from National	1600.00
02/23/11	Plus back for returned check	120.00
	Total	5099.50
Balance as of 04/04/11		9422.66
Outstanding checks		
10/13/10	#5115 District 1	44.50
10/27/10	#5119 District 1	34.00
10/27/10	#5122 District 4	147.00
10/27/10	#5124 District 7	43.00
Fall Meeting Report 10/15/10		
Income	3095.00	
Expenses	2614.92	
Income	480.08	
Report on interest earned from 5000.00 CD purchased 11/09		
10/10 to 04/11	33.91	Balance of CD 5102.97
Submitted by Judy Stinemetz CDM,CFPP		

I WILL SERVE

Indiana Dietary Managers Association needs dedicated volunteers who are willing to serve as officers and committee members. Please indicate below in which capacity you are willing to help serve your professional association. Use official form @

Use the official form @ <http://www.dmaonline.org/IN/Forms/Volunteer.doc>

As an Officer:

President-Elect – A 3 year commitment. On board as President-Elect (Program Chairperson, President (Leadership responsibilities), Past-President (State Legislative chair), may serve on National Board of Delegates)

Recording Secretary – A 2 year commitment. On State Board 2 years. Records minutes of all state meetings. Contacts new and dropped members, new students and enrollees, and any other correspondence deemed necessary by the Board _____

Treasurer – A 2 year commitment. On State Board 2 years. Will be bonded per DMA. Records all financial transactions, audited yearly _____

As a Committee Member:

Public Relations: Promotion work for state meetings and annual events

Program: Assist President-Elect with speakers for state meetings

Membership: Reaching new members, students, promote DMA

Legislative: Liaison from district to state, attend legislative hearings

Nominating: Recruit officers, develop state ballots
 Tellers: Count ballots and record results
 Newsletter: Assist with ads and articles
 Travel: Assist in transportation to state meetings

If interested, please fill out form

@ <http://www.dmaonline.org/IN/Forms/Volunteer.doc> and return to current State President or any member of the Executive Board. See addresses on the front of the newsletter. Your Name , DMA #, Street Address, City, State, Zip Code, Work phone, Home Phone, Email. ANY TIME OR RETURN AT STATE MEETING OR DISTRICT MEETINGS

ADMINISTRATOR OF THE YEAR AWARD APPLICATION

Use the official form @ <http://www.dmaonline.org/IN/Forms/Administrator.doc>

In an effort to promote Dietary Managers and Indiana DMA to administrators, the Administrator of the Year Award is given each year. All administrators who are nominated by their dietary managers that qualify for the award will be considered and voted on that will be presented at the fall state meeting. (In the event that an Administrator changes employment from the Dietary Manager that nominated the administrator the award will be given d/t the administrator deserved the award to have been nominated.)

Please complete the application. Completed and legible applications should be mailed to the State President by

March 1st to be reviewed by the Board of Directors at the Spring State Board Meeting.

Criteria used to select candidates will:

... Candidates who demonstrate an interest in and support of the association.

... Candidates who encourage and/or support the member to attend their district, state and/or national meetings for current and continuing education.

... Candidates who support the member in his/her endeavor to be active in the association.

Upon receipt of the application the State Board of Directors shall select the Administrator of the Year and the DMA member who nominated him/her will be notified and asked to send a brief resume of the winning candidate and invite the Administrator to the Fall State DMA Meeting to accept the award. (In the event the Administrator cannot attend the Fall IDMA Meeting the award will be mailed to the Administrator.)

Administrator: _____ Title: _____
 Home address: _____ Phone number: (H) _____ (W) _____
 Dietary Manager: _____ District: _____
 Facility: _____ Address: _____
 City, State, Zip Code: _____ Phone: _____

1. How does your administrator support you in attending DMA meetings and as a manager?
2. How does your administrator demonstrate awareness of DMA education programs?
3. How is your administrator receptive to new ideas?
4. How does your administrator support you in your endeavors to be active in the association?

Are You Looking For A Dietitian?

NUTRITION SERVICES INC.

Is a

Nutrition and Food Service Consulting Company

Nutrition Services provides a complete Registered Dietitian Consultation Services to the health care industry of Indiana and the Tri-State Area.

We are dedicated to providing clinical nutritional care in a comprehensive cost-effective manner. We employ only the most enthusiastic, dedicated, knowledgeable, professionals with experience in a variety of practice areas. We are proud that we service multiple disciplines in the realm of a Registered Dietitian.

- *Long Term Facilities
- *Acute Care Facilities/Hospitals
- *Fitness Centers
- *Lifestyle Management
- *Pediatric Care
- *Group Homes
- *Psychiatric care, including eating disorders
- *Interim/PRN work
- *Interim Dietary Manager Assistance
- *State Survey/Joint Commission
- *Serve Safe training

Our depth of team consulting ensures us that we can provide innovative quality solutions for your health care facility. We specialize in providing cost-effective, efficient and flexible services with your satisfaction as our top priority. Whether you are in need of a permanent specialist, your department has specialized training needs, or are short-staffed due to unplanned employee's absences, NSI can quickly provide a knowledgeable, expert **Registered Dietitian** to assist you.

Member Of

Indiana Healthcare Association, Indiana Dietetics Association American , Dietetics Association

Contact Information

Tracy Koontz, RD

Nutrition Services Inc.

2035 Deer Trail

Warsaw, IN 46580

(574) 551-1127

nutritionservicesinonline.com

mkoontz@kconline.com



Welcome to Indiana Dietary Managers Association
ENROLLED STUDENTS AND NEW MEMBERS

ANDREW W. LYNCH CDM CFPP

MEGAN WEBER

ASHLEY MELTON

DORIS A. ROBINSON CDM CFPP

BETH D. SCHOLER CDM CFPP

ANGELA L. COTRELL CDM CFPP

SHARON PICKETT

BRIC B. KESTERMAN CDM CFPP

DEBRA BARGER

RONEE J. PEDEN CDM CFPP

BEN BOERSTE

RITA M. BRATCHER CDM CFPP

RANDALL J. SPARROW CDM CFPP

STEPHEN J. MONNIER CDM CFPP

CASEY A. MEYER CDM CFPP

ASHLEY B. THRINE CDM CFPP

JACQUELINE V. WILLIAMS CDM CFPP

MARY JO HOWARD

TONI K. HUCKLEBERRY CDM CFPP

CHAD SAALFRANK

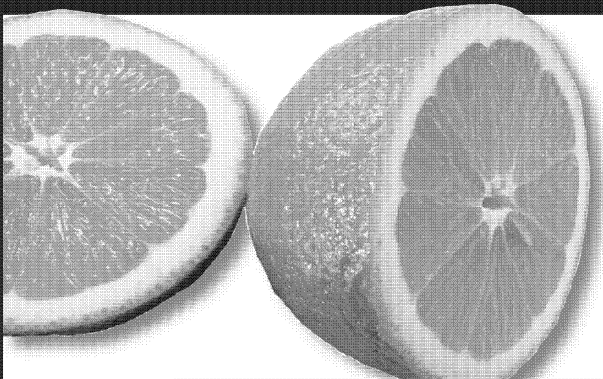
JACOB MILLS

ROBIN KNASEL

STEVEN LABUS

KIMBERLY RICE

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- ✓ RD preceptor available (online)
- ✓ Reasonably priced courses
- ✓ Excellent DM exam pass rates
- ✓ Expert instruction
- ✓ More than 33 years experience

Get Started Today!

1.800.342.8230

www.dietarymanagers.und.edu



"I really enjoyed this course; it was a good mix of all aspects of the food and nutrition service world. Thank you for this experience."

— Amy D., Indiana



MARK YOUR CALENDERS IMPORTANT DATES

HUNGER WEEK - FEBRUARY

NUTRITION MONTH- MARCH

FOOD SERVICE WEEK- APRIL

NATIONAL HEALTHCARE FOODSERVICE WORKERS—
OCTOBER 3 - 9 2011

THE NEXT CREDENTIALING EXAM WILL BE

October 2011 at 50 different sites.



APPLICATION FOR “DISTINGUISHED MEMBER OF THE YEAR” AWARD

Please use the official form @ <http://www.dmaonline.org/IN/Forms/Distinguished.doc>

or request a copy from the DMA Policy & Procedure Book from your District President.

MAIL FORM TO PRESIDENT ELECT

Please provide the following information:

NAME, PHONE, ADDRESS, How many years has this member been in DMA.

Include what state or district offices or committees the member has served on.

Include how has the member demonstrated: Enthusiasm, Leadership Capability, Loyalty, Good rapport with members, Willingness to cooperate with state/district leadership.

Outstanding contribution this member has made toward the profession and/or the association:

Please use another sheet of paper.

Updates from National

Change in CE hours

The Certifying Board for Dietary Managers (CBDM) voted recently to change its policy regarding food/trade show CE Hours. Effective June 1, 2011, the maximum number of CE hours granted for attending these shows is three per year.

Credentialing Exam Scheduled for October 29, 2011

- 3 weeks before the exam date, examinees will receive a test site admission letter
- ACT will mail an exam results letter to the examinee approximately 6 weeks after the exam

Learn Abroad With the Annapurna Program

Healthcare Caterers International is accepting applications for the second annual Annapurna Exchange. This program gives members a unique chance to experience another culture while working in a foodservice management environment overseas. Nine countries offer exchange options, and English is the accepted language in all locations.

Learn more about the Annapurna Exchange at <http://www.hciglobal.org/>

Concerned about cost? The DMA Foundation has two \$1,000 scholarships available for participants. For scholarship funding information visit www.supportDMA.org

Keeping it Safe the HACCP Way

DMA has a new book for your food safety toolbox! *Keeping it Safe the HACCP Way* includes the latest information from the 2009 FDA Food Code, and walks you through HACCP implementation. Included are guidelines for purchasing, employee illness reporting, bare-hand contact with RTE foods, handling fresh produce, risks associated with serving susceptible populations, food safety guidelines for buffet service and catering functions -- and much more. Earn 5 SAN CE. Priced at \$50, *Keeping it Safe the HACCP Way* is available at the [DMA Marketplace](#).



NAME CHANGE

EFFECTIVE JANUARY 1, 2012

DMA'S new name is the
ASSOCIATION OF NUTRITION AND FOODSERVICE PROFESSIONALS
(ANFP)

THE MEMBERS HAVE VOTED AND APPROVED THE PROPOSED BYLAW
CHANGES, INCLUDING A NAME CHANGE FOR THE ASSOCIATION.

THIS WILL NOT CHANGE ANY PART OF THE CDM CREDITIALS

IT'S AN EXCITING TIME TO A DMA MEMBER!

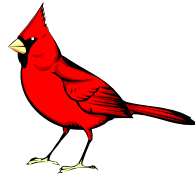
WATCH FOR MORE NEWS IN THE DMA MAGAZINE!

IDMA Newsletter Editor
Margaret Rowlands, CDM, CFPP
616 E 13 th St
Winamac, In 46996



DIETARY MANAGERS
ASSOCIATION

The Hoosier, published
semi-annual



2011 Fall IDMA Meeting
Host: District 4
SEPTEMBER 15-16 2011
Mill Creek Civic Centre
17 Veterans Blvd
CHESTERFIELD, IN
Hotel: BEST WESTERN PLUS
2114 E 59TH STREET
ANDERSON, IN
765-649-2500
2011 Spring IDMA Meeting
Host: District # 6

