



# Iowa Heartland Informer

Iowa Dietary Managers Association  
2010  
Autumn Greetings!



## Congratulations IOWA... IDMA Rocks.....

By Barbara Thomsen CDM/CFPP

Yes Iowa is proud to have earned the Platinum award this past July in Chicago plus the Newsletter, Membership and Government Affairs awards! Thank you to everyone that was able to join DMA for the 50th Anniversary Celebration! We were a formidable crowd for picture day, and we looked very "groovy" in our 45th Anniversary attire!

Chris Rehmer and Sharon Vermeer represented us well, sharing the Presidential duties, Sharon Vermeer, Barbara Thomsen & Robin Gaines were presenters, Chris Rehmer attended Leadership Training, Deb Dawson was re-elected to the Certifying Board, Kathryn Massey continues on the National Board and Robin Gaines became the HCCI chair. So as you see Iowans are still continuing to contribute to our National Association as well as stay active at our state level. A big applause to all!

**Dates of interest**

**NW Impact Meeting**  
September 17th 2010  
Floyd Co Hospital  
kathryn.massey@floydvalleyhospital.org

**NE Impact Meeting**  
Welcome Inn Restaurant Elizabeth, IL  
Christine Palmer 815-858-2275 x229

**IDMA Fall Meeting in Ames**  
October 15, 2010

**DMA National s**  
July 24-27, 2010



IDMA 2010 Chicago!!!





Julie Stork CDM CFPP

### Ways & Means



**Every Spring and Fall Dietary Managers Meetings**, the membership comes together in helping raise money for the organization by bringing in gifts to raffle off. We all check our surplus of extra gifts; check our basements and attics for recyclable items, and our craft rooms for creative ideas. Some of us like to shop bargain bins and I especially like the Hobby Lobby and Michaels coupons in the Sunday papers, as well as fabric shop coupons. These stores are great for decorating and theme ideas for parties and celebrations we so often need help with. Anything goes, for a raffle article and it can really be fun to get together with other members to create a themed basket with items that go together. However, it is not necessary to have a group, just bring in an item and we will find a basket to add it to. To get you thinking, we will have baskets that have the themes: Pie Theme, Breast Cancer Awareness, Halloween, Christmas and New Years. We also welcome empty baskets or decorative containers to group items in for current and future meetings. **We will also** raffle two, \$ 45.00 visa/master cards at \$2.00 per chance or 3 for five.

## IDMA Impact Meetings Are you attending???

By Barbara Thomsen CDM CFPP



Are you missing out on a chance for free CEU's, networking with your peers, and being able to gain some educational information? All of this happening in your "backyard", in your IDMA region, at no cost to you and requiring only a couple hours of your work day and a minimal distance to travel.....so where have you been???? The goal set forth for the Impact Areas is to host two meetings a year, offering 2-3 CEU's, at each meeting, and making it a minimal time and travel commitment for the members. This is also a wonderful way for us to share our association with other dietary staff or neighboring facilities Dietary Supervisors, we truly believe in bringing a friend! The food vendors and various facilities have been gracious in hosting as well as providing food and speakers, and our IDMA Impact Chair persons have been awesome in coordinating the meetings. So with this said please try to make a note to attend your areas meetings! The IDMA website now has a special tab called Impact Areas, click on it and it will give you the latest meeting dates and contact information. If you do not know your Impact area or Impact Chair, click on the link to open the impact map 2010-2011 all this is on the [www.dmaonline.org/ia](http://www.dmaonline.org/ia) site. Remember you are welcome to attend any of the meetings listed, a great way to pick up extra CEU's so...questions feel free to contact me as ell....[abcthomsen@mchsi.com](mailto:abcthomsen@mchsi.com)!

### Impact Minutes...

**SW Meeting was held** August 4th 1-3PM held at Friendship Home in Audubon- Hostess CDM/CFPP Linda B.

Winnie Caltrider meeting chair: 2 Sanitation CEU's for Safe food Handling/Food Borne Pathogens was offered. The county extension presented to the group and Friendship Home provided the room and snacks. 10 RSVP's with only 5 attending.-Winnie Caltrider CDM/CFPP SW Impact Chair

**NE Meeting was held** May 18, 2010 at Galena Hospital, Galena, Il. Joint Illinois and Iowa meeting.

I have the sites and possible dates for the next meetings.

November 9, 2010 Southwest Health Center ---- Platteville, Wisk. Kay Gempler & Rose Caley co-hosting

March 30, 2011 Grandview Healthcare ---- Oelwein, IA/Teresa Petsch

May 4 or 16, 2011 Midwest Medical Center ---- Galena, Il Lisa Deininger & Carla Temperly co-hosting

++Dates may change, depending on the availability of the speakers.- Donna Parker CDM/CFPP NE Chair

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DMA**

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*Volume 17  
Autumn 2010*

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Newsletter Editor



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