



The Georgia Thrasher

August 2011
Volume 31
Special 45th Edition

Georgia is Celebrating Forty-Five Years of GADMA



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August 2, 2011

“From the Desk of the President”

As I reflect on the recent National DMA annual meeting/convention, which was held in Dallas, Texas, July 2011, I am thankful and honored as President of the GA chapter to represent our membership. The sessions were very informative with great ideas on how to move our chapter forward and to improve the work we do as dietary managers in our facilities. During the Awards Banquet, we received the membership, newsletter, government and the state achievement (platinum level) awards!! I want to thank the chairs of those committees, who took time out to

make sure we were well represented. Those chairs are: Emily Landrum (newsletter) Lavone Cook (government) Shirley Singleton (membership) and all of us for the platinum award. It was a great honor to accept it on your behalf. I'm asking all districts presidents and members to please “step up to the plate” and share your ideas with us, keep me inform of any events or activities, which are happening in your districts. Please bring your ideas, suggestions, to the fall meeting next month.

This will help us bring home the diamond, next year!

Our membership grew some this past year; I hope we can get back to the theme, the three “R”

Reclaim, Renew, & Retain. Members of the past, present & future!

As we bring to a close our celebration of our 45th year, I am reminded of those had the vision to start this chapter of DMA, and was charter by National DMA on, May 10, 1966! So please join us in Macon, as we close the record books on the first 45 years and say hello to the next 45 years!!

Last, but not least, National DMA, will be embarking on a new name (brand) on January 1, 2012, the name will change to: Association of Nutrition & Foodservice Professions (ANFP)

The new logo was unveil at the annual business meeting, we, the Georgia chapter will be known as “GAANFP” Valerie Reese, will be working on a new logo for us, and present it at the fall meeting. If any member has any idea on a new logo, please let Valerie or myself know.

What an excited time to be a part of this wonderful process, please join me and spreading the word! More at the fall business meeting!

Thanks

***Larry J. Jackson, CDM, CFPP
President, GA. DMA***



HERB OF THE DAY:

Thyme is one of the most fragrant and pleasant greenery's to have growing in your garden. Their small size makes them ideally suited to crevices in paving, rock gardens, and containers. They thrive in stony or rocky situations and loves plenty of sunshine. They can be used in the garden to deter beetles and other cabbage pests. Sprigs can be picked during the growing season and used fresh or dried.

Because of its essential oil, thyme possesses expectorant and bronchial antispasmodic properties, making it useful in the treatment of acute and chronic bronchitis, whooping cough, and inflammation of the upper respiratory tract. Thyme enhances the action of the cilia in the bronchi and directly acts on the bronchial mucosa.

A tea can be made by adding one teaspoon of crushed thyme in half cup of boiling water, letting it steep for 10 minutes and then straining. The tea can be drunk 3 to 4 times a day for the treatment of coughs.

**Author: Winston Craig,
MPH, PhD, RD.**

Congratulations!



Newsletter Award
·
Membership Award
·
Government Affairs Award
·
State Achievement -Platinum Level

DMA Annual Meeting, Dallas, Texas 7/23/11





All who attended

Valerie accepting her Award with the Chairman
of the Board



DMA Platinum Award 2011



I hope everyone has had a great spring and summer. I would like to thank everyone who was able to attend the spring meeting. The fall meeting is just around the corner. We will be meeting in Macon as we did last year. I hope to have the program out real soon. I will email the registration forms out and if you do not receive one please call me and I will fax it to you. Looking at more great speakers this fall. We tried to get the fall meeting in Atlanta but it just did not come together for us so maybe next year.

At the fall meeting you will be hearing about the national meeting that we attend in Texas. It was great, there were great speakers and great new things we were able to learn. We will discuss the new name change that is going into effect Jan 1, 2012. DMA has come from a long way and greater things to come in the future. Look forward to seeing everyone in the fall. Remember we are still celebrating the 45th year of GA DMA.

Thank you,

Valerie Bell-Reese, CDM, CFPP

President – Elect

JOB OPENINGS

**CDM Needed for
LTC for St. Simons
Is, GA**

SupremeCare Corporation a dietary management and consulting firm. They have an immediate need of a CDM for one of our LTC facilities in St. Simons Is. If you or someone you know would be interested in more information **please fax or e-mail your resume to Sherry Harris - Fax # 770-233-5138 or email: sherryh@supremecare.net**

Qualifications: Experienced in LTC, having completed a dietary manager training program, 2-4 year degree in food service management, and nutrition.

Scope of work: Primary focus is on supervising food preparation including putting together menus, meeting food safety requirements, providing nutritional information and managing food preparation.

UPCOMING EVENTS

October 2011

- **2-Day Fall Regional Meeting (13 CE hours)**
- October 6-7, 2011
Hyatt Regency
Jacksonville
Riverfront
225 East Coastline
Drive
Jacksonville, FL
32202
904.360.8674

October 2011

- **1-Day Fall Regional Meeting (7 CE hours)**
- October 26, 2011
Sysco Food Services of
Denver
5000 Beeler Street
Denver, CO 80238
303.585.2000

March 2012)

- **2-Day Spring Regional Meeting (13 CE hours)**
- March 22-23, 2012
Hilton Toledo
3100 Glendale Ave
Toledo, OH 43614
419.381.6800

YOU DON'T WANT TO MISS THIS!!

Georgia Dietary Managers Association Fall Meeting September 21, 22, 23, 2011 Macon, GA



Make Checks Payable To

Georgia Dietary Managers Association

MAIL REGISTRATION TO:

Geraldine Chandler, CDM, CFPP

111 Doc Barlkey Rd.

Jackson, GA. 30233

<u>Pre - Registration</u>		<u>Registration Price after August 31, 2011</u>	
Members	\$75.00	Members	\$80.00
Non - Members	\$80.00	Non - Members	\$85.00
Student	\$40.00	Student	\$45.00
	One Day Registration		\$40.00
	Retired Members		\$50.00



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College Park, GA 30349

Mike Birke,
SR. Healthcare Acct Executive
404-592-2609

Allison Bernal, RD,LD
Healthcare Marketing Spec.
404-592-2601

GEORGIA



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ASSOCIATION**

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If you have any meetings & community
events that are going on at in your
districts or in your faculties' please
forward to me.

THE DISTRICT PRESIDENT'S

ATLANTA

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229-244-7368

These are the active districts. District boundaries are by zip codes. If you are not sure of your district please call one of these District Presidents and they can help you. If your district is not meeting and you need the clock hours they can help with that also.

ATLANTA DISTRICT

President—Ronald B. Scott 678-377-8191

President-elect- Barbara Gable Ruckles
770-562-5262

Carolyn Ford -Treasurer 770-427-8727

CANOOCHEE DISTRICT

The CANOOCHEE District meetings will be held at RJ's Restaurant in Statesboro.

Past- President- Gene Brinson, CDM, CFPP

President—Shirley Singleton CDM, CFPP

Secretary- Emily Wilson, CDM, CFPP

Treasurer- Sharon Clark, CDM, CFPP

SOWEGA DISTRICT

Past President— Donald Epperson, Jr. CDM, CFPP

President Deborah Knight, CDM, CFPP, SMS

President-elect Sherlene Davis, CDM, CFPP

Secretary—Treasurer _ Terry Sirmans, CDM, CFPP

Chaplin— Deborah Knight, CDM, CFPP, SMS

The District meets every other Month: Jan, March, May, July, Sept, and Nov. At the Ole Country Buffet, Tifton, GA. At 2:00 PM.

OCONEE DISTRICT

Our meetings are held at Cobb Center on Turner Street in Royston, Ga. 30662. It is an all-day meeting with Six (6) clock hours

Past President-Sharon Keese

President—Pam Massey